

My understanding of these concepts historically:



Low

I've never heard this term before OR I've heard it but don't really know what it is.

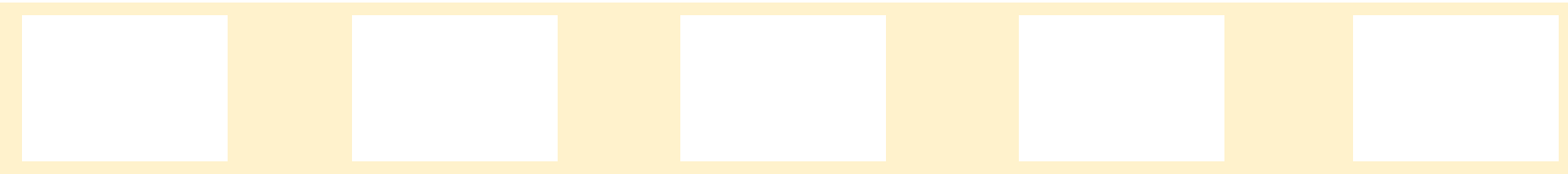
Medium

I know a good amount about this, but I'm not confident it's all correct OR I'm missing some important pieces.

High

I know a lot about this and could explain it to someone if I needed to.

My understanding of these concepts in today's world:



Low

I've never heard this term before OR I've heard it but don't really know what it is.

Medium

I know a good amount about this, but I'm not confident it's all correct OR I'm missing some important pieces.

High

I know a lot about this and could explain it to someone if I needed to.