

Post Event Discussion Question suggestions

- What's one thing that inspired or stood out to you during today's presentation?
- When the speaker mentioned us all having a story, what chapter of your story are you on? What is happening in that chapter? What obstacles have you faced? Have you overcome and what goals are you working towards?
- If a book was written about your life, what would the title be?
- What personal values, and/or principles do you feel you can work on to become the best version of yourself?
- What's one or two things we can do as a classroom to help build a more welcoming, unifying school culture?

Activity Suggestions

1. Have students create their own personal mission statement.
 - Character: Who do you want to be?
 - Contribution: What do you want to do?
 - Achievements: What are the core values and principles that govern your character and contributions?
2. Note to Self
 - Have students write a note to their future self